

COVID-19 Screening Protocol: Employee self-check of health

Employees should assess themselves for symptoms of COVID-19 before reporting to work for each shift. Employees should ask themselves, “YES or NO since my last day of work, have I had any of the following:”

- A new fever (100.4°F or higher) or a sense of having a fever?
- A new cough that cannot be attributed to another health condition?
- New shortness of breath that cannot be attributed to another health condition?
- New chills that cannot be attributed to another health condition?
- A new sore throat that cannot be attributed to another health condition?
- New muscle aches (myalgia) that cannot be attributed to another health condition or specific activity (such as physical exercise)?
- A new loss of taste or smell?

Employees should assess themselves for exposure to COVID-19 before reporting to work for each shift. Employees should ask themselves, “YES or NO, have I had the following:”

- A positive test for the virus that causes COVID-19 disease within the past 10 days?
- Close contact (within about 6 feet for 15 minutes or more) with someone with suspected or confirmed COVID-19 in the past 14 days?

If an employee answers YES to any of the screening questions before reporting to work, the employee should stay home and not report to work.

Health Monitoring Form: At the start of each work day/shift, indicate with a check that you have reviewed the questions above and all responses are a NO. If you respond YES to any question, particularly in conjunction with a YES response to either of the last two questions, do not report to work. Call your supervisor to discuss the appropriate action.

Employee Name: _____

Month: _____

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Day 1-7							
2 Day 8-14							
3 Day 15-21							
4 Day 22-29							
5 Day 29-30/1							